

| | lun | mar | miér | jue | vie | sáb | dom |
|--|-------|-------|-------|-------|-------|-------|-------|
| | 6:30 | 6:30 | 6:30 | 6:30 | 6:30 | | |
| | 7:30 | 7:30 | 7:30 | 7:30 | 7:30 | | |
| | 8:30 | 8:30 | 8:30 | 8:30 | 8:30 | | |
| | | | | | | 9:30 | 9:30 |
| | 11:30 | 11:30 | 11:30 | 11:30 | 11:30 | | |
| | | | | | | 12:00 | 12:00 |
| | 14:30 | 14:30 | 14:30 | 14:30 | 14:30 | | |
| | 17:30 | 17:30 | 17:30 | 17:30 | 17:30 | | |
| | 18:30 | 18:30 | 18:30 | 18:30 | 18:30 | | |
| | 19:30 | 19:30 | 19:30 | 19:30 | 19:30 | | |
| | 20:30 | 20:30 | 20:30 | 20:30 | | | |

San Ángel

San Ángel
 Vito Alessio Robles
 esq. Tecoyotitla
 Ex Hacienda de Guadalupe
 Chimalistac
 5662 2667



www.bikramyogamexico.com